SAMPLE MICRO-GOALS PLANNER

Look at the big goal below. How could you break it into smaller tasks? With your group, make a list of the micro-goals you would use to reach the big goal. Include due dates for each micro-goal to stay on track. The first two have been added for you.

Big Goal	Write a 10-page research paper.
Date	**Micro-Goal**
	Pick a topic.
	Find one resource each day for five days.