

I USED TO THINK . . . BUT NOW I KNOW

“It’s the end of your first week at college. You’ve had a chance to attend the first sessions of each of your five courses, and you are starting to panic. When you add the page numbers together, you realize that you are responsible for reading about 200 pages of material over the next week. A couple of your professors have warned you that there may be pop quizzes at any time over the course of the semester! You take a deep breath and reassure yourself that you will find a way to do the readings so that you can ace every quiz and exam that gets thrown at you. At the same time, you know you will need to make some changes to your study habits. What do you do?”

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