

## WHAT MOTIVATES YOU?

Think about which you would prefer for a job well done in class. For each set of options, place an x by the one you would prefer. Make a choice for each set. Do not leave any sets unanswered. You can only select one choice per set. Some options will repeat.

1.  Teacher writes "100" on your paper. (A)

Be first to finish your work. (CM)

2.  Get a snack. (CN)

Classmates ask you to be on their team. (P)

3.  Have free time in class. (I)

Teacher writes "100" on your paper. (A)

4.  Classmates ask you to be on their team. (P)

Be first to finish your work. (CM)

5.  Have free time in class. (I)

Get a snack. (CN)

6.  Teacher writes "100" on your paper. (A)

Classmates ask you to be on their team. (P)

7.  Be first to finish your work. (CM)

Have free time in class. (I)

8.  Get a snack. (CN)

Teacher writes "100" on your paper. (A)

9.  Classmates ask you to be on their team. (P)

Have free time in class. (I)

10.  Be first to finish your work. (CM)

Get a snack. (CN)

11.  Teacher writes "A" on your paper. (A)

Be the only one that can answer a question. (CM)



12. \_\_\_\_\_ Get a dessert. (CN)

\_\_\_\_\_ Friends ask you to sit with them. (P)

13. \_\_\_\_\_ Be free to go outdoors. (I)

\_\_\_\_\_ Teacher writes "A" on your paper. (A)

14. \_\_\_\_\_ Friends ask you to sit with them. (P)

\_\_\_\_\_ Be the only one that answers a question. (CM)

15. \_\_\_\_\_ Be free to go outdoors. (I)

\_\_\_\_\_ Get a dessert. (CN)

16. \_\_\_\_\_ Teacher writes "A" on your paper. (A)

\_\_\_\_\_ Friends ask you to sit with them. (P)

17. \_\_\_\_\_ Be the only one that can answer a question. (CM)

\_\_\_\_\_ Be free to go outdoors. (I)

18. \_\_\_\_\_ Get a dessert. (CN)

\_\_\_\_\_ Teacher writes "A" on your paper. (A)

19. \_\_\_\_\_ Friends ask you to sit with them. (P)

\_\_\_\_\_ Be free to go outdoors. (I)

20. \_\_\_\_\_ Be the only one that can answer a question. (CM)

\_\_\_\_\_ Get a dessert. (CN)

21. \_\_\_\_\_ Teacher writes "Perfect" on your paper. (A)

\_\_\_\_\_ Only your paper is used as an example in class. (CM)

22. \_\_\_\_\_ An ice-cold soft drink. (CN)

\_\_\_\_\_ Classmates ask you to be team captain. (P)

23. \_\_\_\_\_ Be active outdoors. (I)

\_\_\_\_\_ Teacher writes "Perfect" on your paper. (A)



24. \_\_\_\_\_ Classmates ask you to be class leader. (P)  
\_\_\_\_\_ Only your paper is used as an example in class. (CM)

25. \_\_\_\_\_ Be active outdoors. (I)  
\_\_\_\_\_ An ice-cold soft drink. (CN)

26. \_\_\_\_\_ Teacher writes "Perfect" on your paper. (A)  
\_\_\_\_\_ Classmates ask you to be team captain.(P)

27. \_\_\_\_\_ Only your paper is used as an example in class. (CM)  
\_\_\_\_\_ Be active outdoors. (I)

28. \_\_\_\_\_ An ice-cold soft drink. (CN)  
\_\_\_\_\_ Teacher writes "Perfect" on your paper. (A)

29. \_\_\_\_\_ Classmates ask you to be team captain. (P)  
\_\_\_\_\_ Be active outdoors. (I)

30. \_\_\_\_\_ Have only your paper shown to class. (CM)  
\_\_\_\_\_ An ice-cold soft drink. (CN)

31. \_\_\_\_\_ Teacher writes "Excellent" on your paper. (A)  
\_\_\_\_\_ Have your work displayed. (CM)

32. \_\_\_\_\_ Get a pack of gum or mints. (CN)  
\_\_\_\_\_ Friends ask you to work with them. (P)

33. \_\_\_\_\_ Be free to work on something you like. (I)  
\_\_\_\_\_ Teacher writes "Excellent" on your paper. (A)

34. \_\_\_\_\_ Friends ask you to work with them. (P)  
\_\_\_\_\_ Have your work displayed. (CM)

35. \_\_\_\_\_ Be free to work on something you like. (I)  
\_\_\_\_\_ Get a pack of gum or mints. (CN)



36. \_\_\_\_\_ Teacher writes "Excellent" on your paper. (A)

\_\_\_\_\_ Friends ask you to work with them. (P)

37. \_\_\_\_\_ Have your work displayed. (CM)

\_\_\_\_\_ Be free to work on something you like. (I)

38. \_\_\_\_\_ Get a pack of gum or mints. (CN)

\_\_\_\_\_ Teacher writes "Excellent" on your paper. (A)

39. \_\_\_\_\_ Friends ask you to work with them. (P)

\_\_\_\_\_ Be free to work on something you like. (I)

40. \_\_\_\_\_ Have your work displayed. (CM)

\_\_\_\_\_ Get a pack of gum or mints. (CN)

Add up the total score for each letter. Record the totals below.

Scoring Key:

\_\_\_\_\_ Adult Approval (A)

\_\_\_\_\_ Competitive Approval (CM)

\_\_\_\_\_ Peer Approval (P)

\_\_\_\_\_ Independent Rewards (I)

\_\_\_\_\_ Consumable Rewards (CN)

**Adapted from: Forced Choice Reinforcement Survey. PBIS World. (n.d.). Retrieved September 1, 2022, from <https://www.pbisworld.com/tier-2/forced-choice-reinforcement-survey/>**

**WHAT'S MY MOTIVATION?**

