

## SAMPLE MICRO-GOALS PLANNER

Look at the big goal below. How could you break it into smaller tasks? With your group, make a list of the micro-goals you would use to reach the big goal. Include due dates for each micro-goal to stay on track. The first two have been added for you.

<b>Big Goal</b>	Write a 10-page research paper.
<b>Date</b>	<b>Micro-Goal</b>
	Pick a topic.
	Find one resource each day for five days.