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**Discussion Questions**

To guide this week’s discussion, consider asking some of the following questions:

* How often do you look at materials from your class?
* Do you take notes during class?
	+ Do you review them regularly?
	+ What format do you use for note taking (outline, Cornell, etc.)?
* What would you like to improve regarding your studying habits?

**Next Steps**

To prepare for next week, ask students to:

* Use the Dos and Don’ts of Studying and Note-taking handout when studying.
* Bring their syllabus next week to discuss midterm exam requirements.

**Discussion Starters**
Consider starting the discussion by asking:

* What does studying currently look like for you?
* Do you feel you study successfully?
* How could you improve upon your study skills?

**Topic Focus
*How can studying be done effectively?***

Students may not have yet had to develop a plan for studying effectively. Explicitly discussing strategies for studying can increase students’ confidence about their course and set them on a path toward success.

**Week 8: Individual Study Strategies**

Notes

Student Name:

Course: