Week 8: Individual Study Strategies

Topic Focus *How can studying be done effectively?*

Concurrent ENROLLMENT

Students may not have yet had to develop a plan for studying effectively. Explicitly discussing strategies for studying can increase students' confidence about their course and set them on a path toward success.

Discussion Starters

Consider starting the discussion by asking:

- What does studying currently look like for you?
- Do you feel you study successfully?
- How could you improve upon your study skills?

Discussion Questions

To guide this week's discussion, consider asking some of the following questions:

- How often do you look at materials from your class?
- Do you take notes during class?
 - Do you review them regularly?
 - What format do you use for note taking (outline, Cornell, etc.)?
- What would you like to improve regarding your studying habits?

Student Name:

Course:

Notes

Next Steps

To prepare for next week, ask students to:

- Use the Dos and Don'ts of Studying and Note-taking handout when studying.
- Bring their syllabus next week to discuss midterm exam requirements.