## Preparing for Exams



## ASK QUESTIONS

What is the format, what is on the test, and what materials do you need?

## MAKE A STUDY SCHEDULE

Study for 1-2 hours stints starting 1-2 weeks before the exam.

## USE YOUR NOTES AND PAST TESTS

Create flashcards from past questions, vocabulary, and important facts.

## STUDY WITH A BUDDY OR GROUP

Have a friend quiz you or meet with a group to go over notes.

## TAKE CARE OF YOURSELF

No all nighters, eat healthy meals, stay hydrated, exercise.

