WHO WILL WRITE YOUR TEACHER RECOMMENDATION? HOW DO YOU ASK FOR A RECOMMENDATION?

- The first step is to make sure that your colleges require teacher recommendations. You do this by carefully reading the applications.
- If recommendations are required, make sure that you have the forms the colleges require and that you know the deadline dates. Address and stamp an envelope for each college that requires a paper version of the teacher recommendation. Make sure you know the email address or URL if it is being submitted electronically.
- Find out if your school has a specific policy regarding teacher recommendations. If there is a policy, follow it. If not, you can use the information in this handout.
- The next step is deciding what teacher (or teachers, if your colleges require more than one) to ask.
- Think of the high school teachers who knows you best and would be enthusiastic about writing a recommendation for you.
 - o These teachers should be from academic subjects, preferably from junior or senior year.
 - o Teachers whom you have had for more than one class are often good choices.
 o List the teachers to ask:
- Approach the teacher at least three or four weeks before the deadline date. You can say something like this: I am applying to College XYZ, and that college requires a teacher recommenda-
- tion. I think you know a lot about my strengths as a student. Would you be able to write a recommendation for me?If the teacher agrees, give them all the required college forms, stamped envelopes, and infor-
- mation about yourself as soon as possible. Again, they need at least three weeks notice! TIP: Use the TEACHER RECOMMENDATION REQUEST form in your handouts to provide personal information.
- If the teacher is not sure or says no, don't push it. Ask a different teacher. YOU WANT SOMEONE WHO WANTS TO WRITE THE LETTER!
- WRITE A THANK YOU NOTE TO THE TEACHERS WHO WRITE RECOMMENDATIONS FOR YOU.

TEACHER RECOMMENDATION REQUEST

Stı	udent's Name	Today's Date:
Stı	udent's DOB:	
En	mail Address / Phone # (in case of question	ns)
Te	eacher's Name:	
Сс	ourse(s) with This Teacher (i.e., English 3):	
are a		tter of recommendation for me. I asked you because I think you accurately evaluate my potential for academic success in colyou write the recommendation.
1.	I think my academic strengths are	
	a	
	b	
	C	
2.	I think my personal strengths are	
3.	I am considering the following college m	ajors because
	b	
4.	ab.	
	d	

National Association for College Admission Counseling (NACAC)

5. The specific things I hope you discuss in this letter...

	~··
	b
	C
6.	What I remember most about your class
7.	Additional information that might be helpful (Students: You may attach a résumé to this form if you wish. But remember that the teacher recommendation will focus on you as a student in this teacher's classroom.)
	are the schools I am applying to. I have attached any teacher recommendation forms they require, s stamped and addressed envelopes.
	Name and Address of School or email address of admssion office

264

Again, thank you. I know this is a big time commitment, and I appreciate your help.

Copyright ©, Pat Walters, MEd, CEP Retired High School Counselor