## Week 15: Preparing for Finals

## Topic Focus

How can we prepare for a final exam and the end of a course?

Final exams can be in a variety of formats. Some finals are traditional exams, others can be presentations or projects. A final exam is a student's opportunity to demonstrate that they have learned and retained the content from the course. Like midterm exams, finals can be $20 \%$ or more of a student's final grade.

To prepare for the end of a college course, students need to complete all their missing assignments and turn in extra credit, if needed. Encourage students to find what grade they need to make on the final to obtain the desired grade. This can be done by using an online final grade calculator. Discovering what grade students need on their final(s) can relieve stress and help them focus on passing the course.

## Discussion Starters

Consider starting the discussion by asking:

- When is your final exam?
- What plans do you have for studying for your final?


## Discussion Questions

To guide this week's discussion, consider asking some of the following questions:

- Do you know what content the final will cover and the format it will be in?
- What worked well when studying for your midterm exam?
- What didn't work well when studying for your midterm exam?
- Do you know what grade you need on your final to obtain your desired final grade?
- Do you have any missing assignments to turn in?


## Student Name:

Course:

## Notes

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## Next Steps

To prepare for next week, ask students
to:

- Set up their study schedule for the final exam.
- Chunk study sessions (1-2 hours).
- Turn in all missing assignments.
- Practice self-care.

