

Number of Reading Questions I Need to Answer Correctly to Meet My Goal:

Percentage of Reading Questions I Need to Answer Correctly to Meet My Goal:


Actions That Can Help Me Reach My Goal:
\#1 Read all options before making a selection.
\#2 Eat a healthy breakfast.
\#3 Read for 20 minutes every day.
\#4 Make connections to what I read: to myself, to my world, or to something I have read.
\#5 When reading, look up definitions of words I don't know.


ACT
PrEP


