



# Interview IQ: Preparing for Professional Interviews



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**Time Frame** Two 45–50 minute class periods

## Essential Question(s)

- How can I prepare myself to be successful in a professional interview?

## Summary

This resource gives students real-world content knowledge and information needed to be successful when navigating the interview process. These activities will prepare students to make a good first impression and to answer interview questions, regardless of the desired goal (applying for a job or trying to get a scholarship). This is an informative and interactive way to practice before mock interviews or for an expo at your school.

## Learning Goals

- Identify the structure/typical components of a professional interview
- Practice asking and answering questions that showcase your qualifications

## Attachments

- [Always Sometimes Never Card Sort—Interview IQ - Spanish.docx](#)
- [Always Sometimes Never Card Sort—Interview IQ - Spanish.pdf](#)
- [Always Sometimes Never Card Sort—Interview IQ.docx](#)
- [Always Sometimes Never Card Sort—Interview IQ.pdf](#)
- [Always Sometimes Never Discussion Guide—Interview IQ.docx](#)
- [Always Sometimes Never Discussion Guide—Interview IQ.pdf](#)
- [Framing Answers Note Catcher—Interview IQ - Spanish.pdf](#)
- [Framing Answers Note Catcher—Interview IQ.pdf](#)
- [Framing Answers Scenarios—Interview IQ - Spanish.docx](#)
- [Framing Answers Scenarios—Interview IQ - Spanish.pdf](#)
- [Framing Answers Scenarios—Interview IQ.docx](#)
- [Framing Answers Scenarios—Interview IQ.pdf](#)
- [I Notice I Wonder—Interview IQ - Spanish.docx](#)
- [I Notice I Wonder—Interview IQ - Spanish.pdf](#)
- [I Notice I Wonder—Interview IQ.docx](#)
- [I Notice I Wonder—Interview IQ.pdf](#)
- [Presentation Slides—Interview IQ.pptx](#)
- [Rose Bud Thorn—Interview IQ - Spanish.docx](#)
- [Rose Bud Thorn—Interview IQ - Spanish.pdf](#)
- [Rose Bud Thorn—Interview IQ.docx](#)
- [Rose Bud Thorn—Interview IQ.pdf](#)
- [Thank You Note Guide—Interview IQ - Spanish.docx](#)
- [Thank You Note Guide—Interview IQ - Spanish.pdf](#)
- [Thank You Note Guide—Interview IQ.docx](#)
- [Thank You Note Guide—Interview IQ.pdf](#)

## Materials

- I Notice, I Wonder handout
- Always Sometimes Never Card Sort
- Framing Answers Scenarios
- Framing Answers Note Catcher
- Presentation Slides
- Rose, Bud, and Thorn handout
- Thank You Note Guide

15 minutes

## Engage

Provide each student with one copy of the **I Notice, I Wonder** handout. Explain that as they watch a short video (on **slide 3**) of a professional job interview, they should use the [I Notice, I Wonder](#) strategy to take note of things they notice, writing them on the left-hand side of the handout. This might be about how the people in the video are dressed, the kinds of questions asked, or how the people in the video speak or carry themselves. In the column on the right-hand side of the paper, they should write down any questions they have. What does this video make them wonder about?

After the video has been played, have students compare their notes with an [Elbow Partner](#). Did you notice similar or different things? What questions did your partner have? Then ask for partner groups to share with the whole class something from their notes. Each group should try to come up with something different to share than what has already been shared by partner groups before them.

Go over the essential questions for this lesson on **slide 4** and the learning objectives on **slide 5**.

### Embedded video

<https://youtube.com/watch?v=HG68Ymazo18>

15 minutes

## Explore

### Teacher's Note: Preparation

The Always, Sometimes, Never Card Sort can be done on paper or digitally. If you want to use paper, be sure to print the sorting mat and to cut out the cards before your class. If you'd like to do it digitally, provide this link to students: <http://k20.ou.edu/iqasn>

Next, provide a set of cards to sort for each pair, using the **Always Sometimes Never Card Sort** handout. Partners should use the [Card Sort](#) strategy and the [Always, Sometimes, or Never True](#) strategy to sort the cards into the three provided columns based on whether they feel the statement on the card is always true, sometimes true, or never true regarding professional interviews (display instructions on **slide 6**). After sorting, partner groups should compare how their cards are sorted with a neighboring partner group. Ask them to discuss what they sorted differently and why they chose the answers they chose.

After sharing, hold a whole-class discussion. Go through each statement, provide the "correct" answer, and ask for student reasoning that matches your answer and student reasoning for those who disagree with your answer.

30 minutes

## Explain

### Teacher's Note

Before this lesson, print and cut out the **Framing Answers Scenarios**.

Students can use the [jigsaw](#) strategy for this activity. Put students into groups of three to five each and hand out a different scenario to each group. Also, ensure each student has their own copy of the **Framing Answers Note Catcher**. In groups, students will follow the steps on **slide 7**. They will discuss the scenario and how they would fill in each part of their note catcher as a group. When they reach a consensus on each part, then they should fill it in. Everyone must fill in their own note catcher, which will be used for the practice interview activity later in this lesson.

Have each group share their answers to their scenario so that the whole class can hear ideas on a variety of situations and so you can talk through each of the scenarios as a whole class.

(3 minutes individually, 5 minutes to talk as a group, then share out to whole class)

25 minutes

## Extend

For this activity, students will use the [Think-Pair-Share](#) strategy. Regroup students so that they are paired with someone from a different group and different scenario. Display **slide 8** and have students take turns interviewing each other using the note catcher from the Framing Answers activity.

15 minutes

## Evaluate

After everyone has participated in practicing being interviewed, distribute the **Rose, Bud, and Thorn** handout, move to **slide 9**, and have students reflect using the [Rose, Bud, and Thorn](#) strategy.

- **Rose:** What went well during the interview?
- **Bud:** What did you learn while practicing the interview?
- **Thorn:** What was the most challenging part of the interview?

Finally, distribute the **Thank You Note Guide** handout and have students write a thank you note to their practice interviewer using the checklist on **slide 10** and the example note on **slide 11**.

## Research Rationale

Opportunities for high school students to engage with potential employers and professors can strongly influence students' career aspirations and the formation of attainable goals, and build their confidence in how to move toward those goals on a particular career pathway (Mason et al., 2022; Kitchen et al., 2020). The more conversations students have with professionals in their career exploration journey from high school to graduating college, the higher their future earnings by age 26 (Kashefpakdel and Percy, 2017).



## Resources

- K20 Center. (n.d.). Always, sometimes, or never true. Strategies. <https://learn.k20center.ou.edu/strategy/145>
- K20 Center. (n.d.). Card sort. Strategies. <https://learn.k20center.ou.edu/strategy/147>
- K20 Center. (n.d.). Elbow partners. Strategies. <https://learn.k20center.ou.edu/strategy/116>
- K20 Center. (n.d.). I notice, I wonder. Strategies. <https://learn.k20center.ou.edu/strategy/180>
- K20 Center. (n.d.). Jigsaw. Strategies. <https://learn.k20center.ou.edu/strategy/179>
- K20 Center. (n.d.). Rose, bud, and thorn. Strategies. <https://learn.k20center.ou.edu/strategy/2224>
- K20 Center. (n.d.). Think-Pair-Share. Strategies. <https://learn.k20center.ou.edu/strategy/139>
- Kashefpakdel, E. T., & Percy, C. (2017). Career education that works: An economic analysis using the British Cohort Study. *Journal of Education and Work, 30*(3), 217–234.
- Kitchen, J. A., Sonnert, G., and Sadler, P. (2020). Campus visits: Impact of a college outreach strategy on student STEM aspirations. *Journal of Student Affairs Research and Practice, 57*(3), 266–81.
- Mason, C. M., Burns, S. M., & Bester, E. A. (2022). Supporting students' employability through structured, event-based engagement with employers. *Education+ Training, 64*(5), 598–618.