

WHAT? SO WHAT? NOW WHAT?

Review the symptoms your patient is experiencing and the context of their injury provided below. Respond to the questions in the table using what you have learned about physical therapy.

Patient Context: The patient hit their head during a sports activity. Since hitting their head, the patient has experienced blurred vision and sensitivity to light.

What?	So what?	Now what?
What do you suspect your patient is experiencing?	If you suspect your patient is experiencing concussion symptoms, what types of exercises would you perform to help you diagnose them?	If your patient is diagnosed with a concussion, what treatment plan would you implement for them?