

NOTE CATCHER

My Next Move Interest Profiler Instructions

1. Go to <https://www.mynextmove.org/explore/ip>
2. To advance through to the survey, you will need to click the **Next** button in the bottom right corner of each box.



Click **Next** 4 times to start the survey. Be sure to read all the helpful information as you go.

- a. Answer 60 survey questions related to how you feel about different work activities from “Strongly Dislike” to “Strongly Like.”
 - b. Focus only on how much you like or dislike doing the work described.
 - c. Don’t rush but also don’t spend too much time on each question.
3. Answer all questions. When finished, click **Next**.
 4. Here are your Interest Profiler results. Each letter represents different areas of interest, and the numbers assigned to them show how strongly you feel toward that area of work.
 5. Based on your top 3 letters, a list of “Job Zones” or groups of careers that require the same amount of preparation has been listed.

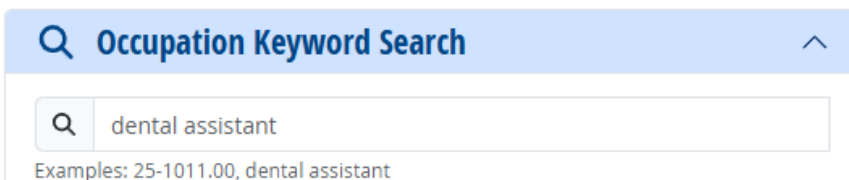
Exit Ticket - I Used To Think... But Now I Know

Write out your thoughts on majors, salaries, or any other thoughts before today’s session, and what you know now.

| I used to think... | But now I know... |
|--------------------|-------------------|
| | |

Occupation Search

1. Go to <https://www.onetonline.org/>
2. Search for your career under the “Occupation Keyword Search”



Q Occupation Keyword Search

Q dental assistant

Examples: 25-1011.00, dental assistant

3. Click on the job title to open the full profile.
4. Scroll down to the “Wages & Employment Trends” section.

Workforce Characteristics

Wages & Employment Trends

5. Choose Oklahoma and record the median salary in the box provided.
6. Choose a different state other than Oklahoma (e.g., your home state or a state you may want to move to). Record the median salary for each state in the same box.
7. Repeat steps 2-6 for 1 or 2 more different occupations.

Compare your chosen career paths’ salary info with the state of Oklahoma and one other state that you could see yourself living in.

| State | Career | Average Salary |
|--|--|------------------------------------|
| <i>EX: Oklahoma</i> <i>EX: North Carolina</i> | <i>Dental Assistant</i> <i>Dental Assistant</i> | <i>\$44,450</i> <i>\$48,710</i> |
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