club goal setting

| **HARD Goal Setting** | |
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| **Heartfelt:**  ***How is your goal personally meaningful? Why do you want to achieve this goal?*** |  |
| **Animated:**  ***What will it look like when you achieve your goal?*** |  |
| **Required:**  ***How will this goal help you progress in the skill you are working on?*** |  |
| **Deadline:**  ***When do you want to meet your goal? What is the due date?*** |  |