club goal setting

| **HARD Goal Setting** |
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| **Heartfelt:*****How is your goal personally meaningful? Why do you want to achieve this goal?***  |  |
| **Animated:*****What will it look like when you achieve your goal?*** |  |
| **Required:*****How will this goal help you progress in the skill you are working on?***  |  |
| **Deadline:*****When do you want to meet your goal? What is the due date?*** |  |