GROWTH AND FIXED MINDSET CARD SORT

|  |  |  |
| --- | --- | --- |
| **Growth Mindset and Fixed Mindset Card Sort Statements** | | |
| This is too hard; I’m just going to leave it for someone else to do. | This is so hard. I am never going to get it. | I don’t know anything about this. I’ll just let someone in my group tell me what to do, then it will be easier for me. |
| I failed my last test, now I’ll never get into the college of my choice! | I can’t do this! It’s not working and it’s too hard. I quit! | I forgot to bring my notes to class, now I’m going to fail my test! |
| It’s not fair that Sophie always gets the awards, she’s a genius. | I should be the 1st string quarterback; John throws more interceptions than me. | As long as I get the correct answers why should I have to show my work? |
| I have to be the first one done, or else my classmates won’t think I’m smart. | My coach is trying to get me to throw differently, but I’ve been pitching this way since I was 7 years old. It’s worked for me up to now, why should I change? | I have to be the first one done, or else my classmates won’t think I’m smart. |
| What’s the point in trying? I’ll never understand math anyways. | I’m not sure if I did any of this right. I better just ask my teacher to go over all my work with me before I turn it in. | I don’t get these types of sentences and I never will, why should I even bother? |
| I have to get this done correctly the first time otherwise someone will think I don’t know what I am doing! | This is hard, but if I get started now, I can ask for help when I get stuck! I bet one of my classmates can help me! | I didn’t get these math problems right. I wonder how I can learn from my mistakes. |
| I’ve been pitching this way since I was 7 years old. It’s worked for me up to now, but I bet my coach is right. If I try it his way, I may learn a new way of pitching that my opponents don’t! | This activity is really difficult! I think I need to stop, re-evaluate the process, and see if I can tackle it from another angle. I bet there is an easier way to complete the work. | I forgot to bring my notes to class. If I take new notes today, I may write something down that I didn’t yesterday and then I’ll have more information with me to study before the test! |
| I failed my last test. I was really upset at first, but then I realized that I could take the problems and practice them. Now I’ll be ready when it’s time for my mid-terms and finals! | My teacher said I need to show my work. Even though this comes easy to me, if I work out the problems on paper and I ever make a mistake, I can find it and fix it! | John made 1st string quarterback. I’ll ask him to practice with me and maybe I’ll get better. |
| I want to get my report done correctly. I know that if I follow the process my teacher gave me, I will have done everything I could have. | I want to prove to my coach that I am the best pick to start the game, so I am going to work and practice really hard on the fundamentals that he taught me. | Sophie is very smart and always winning academic awards. I would love to make the honor roll just like her. I think I’ll ask her how she does it! |
| Math is really hard, that’s why I need to keep practicing. I know one day this will get easier for me. | I’m not sure if I did any of this right, but I also know I followed every step. I know my teacher will give me feedback on this when she returns it. I think I am ready to turn it in. | I know that sentence structures and types are difficult for me to understand, so I work extra hard at practicing those skills. |

Source: Adapted from: