

CIRCLE MAP

*What are students stressed about
and why?*

*How have you been taking care of
your health on campus?*

Set healthy goals!

What's your next step?

Campus Resources

Directions. Select the campus resources you find the most interesting and/or helpful from the **Campus Resources** handout to add below. Think about your health and wellness needs and what resource(s) would benefit you the most.

Name of Resource	Location	How does it fit my schedule?