

SAMPLE SCHEDULE, WEDNESDAY KEY

Cameron's Actual Plan:

Cameron's Plan for Wednesday	
6:30-7:00a	Wake up, breakfast
7:00-7:30a	Get ready, drive
7:45-12:15p	School (early release)
12:30-1:30p	Lunch with friends (we always go to Chipotle on Weds)
2:00-3:30p	HOMEWORK SHIFT: History essay - write intro + first body paragraph
3:30-4:00p	Break
4:00-5:30p	Basketball practice
5:45-6:30p	Dinner
6:30-7:00p	Recovery time (shower, tired from practice)
7:00-8:30p	H/W SHIFT: History essay—second body paragraph + find one more source
8:30-9:00p	HOMEWORK SHIFT: Spanish flashcards (quiz Friday—second review)
9:00-10:00p	Actual free time (watch something, FaceTime, decompress)
10:00-10:30p	Wind down
10:30p	Lights out