

INFORMATION SHEETS

Tutoring Center(s)

Besides regular tutoring, your campus tutoring center usually offers lots of helpful extras—like study-skills tips, workshops, and subject-specific help labs. You can often use things like textbooks, computers, or quiet study spaces, and some centers even let you print. To make the most of your visit, bring your syllabus, assignment instructions, notes or drafts, and write down any questions you have. Visit your school’s tutoring center to learn more about how they can help deepen your understanding of coursework, improve your study skills, and more.

| Problem | Solution |
|---|---|
| “I don’t understand my College Algebra homework.” | Attend a College Algebra tutoring group session or 1-on-1 session. |
| “I am not sure how to study for my Intro to Biology test.” | Schedule a tutoring session with a biology tutor to learn study skills and how they studied for the exams when they took the class. |
| “I need someone to explain Calculus at a slower pace and with more detail.” | Make an appointment for a 1-on-1 math tutoring session. |
| “My high school had tutoring, but I always thought it was for students failing classes. I’m embarrassed to go to a tutoring center in college.” | Tutoring is open to all students of all levels. Going to tutoring in college is not just for students struggling in class. |





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Writing Lab Center

The Writing Center exists on campus to support you at any stage of your writing process. You don't need a draft to come in. Tutors are happy to help you get started, even if you're still brainstorming or unsure where to begin. Remember, tutors won't write your paper for you, but they *will* guide you, ask questions, and help you build the skills you need to do the work yourself. You can work with a writing tutor to brainstorm ideas, organize your thoughts, strengthen your argument, or revise your drafts. Tutors can also help you understand assignment expectations, develop clearer sentences, and learn strategies you can use in future writing—no matter what your major is.

You'll usually need your student ID or university login and the project description. Some campuses take walk-ins. Others ask you to make a quick online appointment. Be sure to check the center's hours and policies so that you know what's available when you're ready to work on your writing.

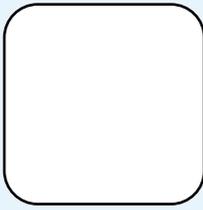
| Problem | Solution |
|---|--|
| "I don't know if I'm using MLA and APA citation formats correctly." | Visit the Writing Center to get an explanation of how to properly cite sources and incorporate the appropriate format in your writing. |
| "I am not sure how to start my research paper. I need help drafting an outline." | Make an appointment with a writing tutor to brainstorm how to structure your ideas into a research paper outline. |
| "I would like someone to read my essay and give feedback on how to improve my writing." | Bring your essay draft to the Writing Center and have a writing tutor review it and give feedback. |



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Library

The library offers more than books. You can reserve study rooms for quiet work or group projects, and you can meet with a librarian when you need help finding sources, researching a topic, or navigating databases and citations. Most libraries also provide technological support, like laptop or equipment checkout, access to specialized software, printing, and help with common tech issues. To use these services, you need your student ID or university login, and some resources may require a quick online request. Be sure to check library hours and policies so that you know what's available when you need it.

| Problem | Solution |
|---|--|
| "I have to write a research paper, but I don't know where to start looking for information." | Visit with a librarian to get help understanding how to search for articles, books, and more on the library website. |
| "There are so many online research databases that I don't know which ones to use or how to use them." | Ask a librarian what research databases would be best to use for your specific subject. There are different databases for different subject areas. |
| "I am having trouble finding references for a specific topic that I need for my research paper." | Visit a subject-specific librarian to ask how you can improve your research method to find specific topics. |
| "I need a quiet place to study and focus." | Go to the library website to reserve a study room. |
| "My laptop broke, and I need to borrow a laptop to do my assignment." | Visit the library to learn about options for checking out a laptop. |



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Study Groups

You can join an organized study group through your university—often offered by tutoring centers, academic support programs, or specific departments—or you can form your own with classmates. Study groups enable you to review material together, to talk through difficult concepts, to quiz each other, and to share different ways of understanding the course content.

Remember that a study group isn't a place for someone else to do the work for you—everyone is there to actively participate, ask questions, and contribute their ideas. If you're creating your own group, set clear goals from the outset, pick regular meeting times, and choose a quiet spot where everyone can focus.

Check out just how helpful study groups in college can be...



| Problem | Solution |
|---|---|
| "I struggle studying by myself. I get distracted easily and need someone to help me be accountable." | Form a study group with friends or classmates to keep you focused and accountable. |
| "It would help me if I could talk through my assignment with someone else." | Consider studying with friends and teaching your assignment to them or working through the assignment together. |
| "I am really struggling in my class. I don't know how everyone else is studying for the upcoming exam." | Gather with classmates to learn about the strategies they are using to prepare for the test. |



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Professor Office Hours

Visiting your professor during office hours is one of the most helpful things you can do for your classes. Office hours are dedicated times when professors are available to answer questions, explain confusing topics, talk through assignment expectations, or give feedback on your progress. You don't need a specific problem to stop by—you can come with questions, ideas, or even just check to ensure that you're on the right track. It's also a good idea to email your professor ahead of time to let them know what you want to talk about. This gives them a chance to prepare any materials or resources that might be helpful to you.

Talking with your professor helps you build a connection, which can make the course feel more manageable and less intimidating. To attend office hours, you usually just need to show up at the posted time or make a quick appointment if your professor asks for one.

| Problem | Solution |
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| "I am interested in research opportunities in my field, but I don't know where to get started." | Stop by your professor's office hours to ask about any research opportunities they might have available. |
| "I am struggling to understand one of my classes. I don't have time to stay after class to talk to my professor because I have another class to attend." | Make a list of questions and visit your professor during office hours. If you cannot attend office hours, see if you can schedule an appointment with them. |
| "I really enjoy one of my classes. I would love to learn more and do a summer internship related to the class." | Visit with your professor during office hours to share your interest and ask about how they got into their field. Ask if they can connect you to potential internship opportunities. |



Look at your syllabus for your professor's office location and scheduled office hours.

Accessibility Services

Accessibility Services ensure that you have equal access to your education by providing academic accommodations for disabilities, whether they're physical, learning-related, mental-health-related, sensory, or temporary. Accommodation might include extended test time, note-taking support, alternative formats, or reduced-distraction testing spaces.

To get started, you'll usually need to share documentation and meet with a staff member to discuss what your particular needs are. Once approved, you'll receive instructions on how to use your accommodation and communicate your needs to your professors. These services don't change course expectations—they simply give you the access and support you need to fully participate. If you think accommodation might help, it's always worth reaching out early.

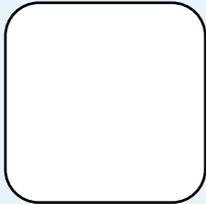
| Problem | Solution |
|---|---|
| "I had an IEP in high school, but I don't know if I can get that help in college." | Visit the accessibility services office to see what support is available for your needs. |
| "Due to my disability, I struggle taking notes in class." | Talk to the accessibility services office to see if they can provide a note-taking accommodation for your classes. |
| "It's difficult for me to finish my exams in the allotted time frame due to my disability." | Ask the accessibility services office if you qualify for extended time testing accommodations due to your disability. |



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Meet with Your Advisor

Your academic advisor is on campus to help you stay on track and make the most of your college experience. While they can assist with enrolling in classes, appointments are for much more than scheduling. You can meet with your advisor to review your degree plan, explore majors or minors, understand graduation requirements, discuss academic challenges, or plan ahead for internships or future goals. To meet with your advisor, you'll usually need to schedule a quick online appointment or visit during posted drop-in times. Reaching out early and checking in regularly can make your path through your program much clearer.

| Problem | Solution |
|---|---|
| "I am failing one of my classes and do not think I will be able to pass the class." | Communicate with your advisor about your situation and determine if withdrawing from the course is the best course of action |
| "I enjoy my academic major classes, but I also have another area of interest. I am wondering if I can take more classes in that area to add to my degree." | Talk with your advisor about taking additional classes related to your other interest, which could lead to a minor, double major, or dual degree. |
| "I am not as interested in the classes for my academic major as I had hoped." | Schedule an advising appointment to discuss potentially changing your major. |
| "I am going through a difficult life situation that is affecting how I'm doing in school. I want to know more about my options for continuing or pausing my classes." | Talk with your advisor about resources and options for continuing school, such as taking a leave of absence, withdrawing, or receiving an "Incomplete" grade for classes. |



Find your advisor through your student portal. Look on the campus website to find your advisor's information and how to schedule an appointment.