government in daily life (teacher Guide)

| Time | Your Action | How is this impacted by the government? |
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| 6:45 a.m. | The alarm on your phone goes off at 6:45 sharp. | * The U.S. Department of Transportation (uniform time)
* National Institute of Standards and Technology (official time)
 |
| 7:05 a.m. | You take a vitamin supplement prescribed by the doctor. | * Food and Drug Administration
 |
| 7:07 a.m. | You check the weather before leaving. It is supposed to rain today, so you grab an umbrella! | * National Weather Service
 |
| 7:20 a.m. | You get in your car to drive yourself to school. | * Traffic and insurance laws
* State driver’s licenses
 |
| 7:45 a.m. | You park the car and grab your things to walk up the ramp into the main doors. | * American Disability Act
 |
| 8 a.m. | You are greeted by one of your favorite teachers as you enter your history class! | * Teacher certification
* Graduation requirements
 |
| 10:20 a.m. | You enter third period and review for the upcoming state test you will take soon.  | * Department of Education (federal and state)
 |
| 11:30 a.m. | You head to the cafeteria to eat lunch with a friend. They are serving your favorite meal! The lunch worker reminds you to choose a vegetable or fruit.  | * National School Lunch Program
 |
| 1 p.m. | It begins to rain, and you receive a Flash Flood warning on your phone. | * National Weather Service
 |
| 2:45 p.m. | You head to the local restaurant you work at to pick up your paycheck. You are off today, but you say hi to a coworker as she is cleaning off a table. | * Occupational Safety and Health Administration
* Health and Safety regulations
* Labor Department
 |
| 2:57 p.m. | You deposit the check at the bank. | * Federal Deposit Insurance Corporation
 |
| 3:30 p.m. | Your car’s gas tank is low, so you pull into a nearby gas station to fill up. You notice that the Powerball is up to nearly $200 million! | * State lottery commission
 |
| 5 p.m. | The rain has cleared up, so you decide to take your dog for a walk before dinner. You take the sidewalk to avoid puddles on the way to your local park. | * Government-provided sidewalks
* City park management
 |
| 5:18 p.m. | You enjoy the fresh, clean air while your dog splashes around. | * Environmental Protection Agency
 |
| 6 p.m. | When you arrive home, you smell dinner. Your dad has made delicious chicken and potatoes! | * State poultry laws
* USDA standards
 |
| 6:45 p.m. | Your grandma tells you to check the mail for a letter. | * United States Postal Service
 |
| 8 p.m. | Your family switches on the TV to watch the news. There was a horrible flood in another state and the president is promising help is on the way.  | * Federal Emergency Management Agency
* National Flood Insurance Program
* Federal Communications Commission
 |
| 9:25 p.m. | You check one of your social media accounts before putting your phone away. | * Government programs and funded research led to web browsers and early systems that formed today’s internet.
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