GOVERNMENT IN DAILY LIFE (TEACHER GUIDE)

Time	Your Action	How is this impacted by the government?
6:45 a.m.	The alarm on your phone goes off at 6:45 sharp.	 The U.S. Department of Transportation (uniform time) National Institute of Standards and Technology (official time)
7:05 a.m.	You take a vitamin supplement prescribed by the doctor.	 Food and Drug Administration
7:07 a.m.	You check the weather before leaving. It is supposed to rain today, so you grab an umbrella!	National Weather Service
7:20 a.m.	You get in your car to drive yourself to school.	Traffic and insurance lawsState driver's licenses
7:45 a.m.	You park the car and grab your things to walk up the ramp into the main doors.	American Disability Act
8 a.m.	You are greeted by one of your favorite teachers as you enter your history class!	Teacher certificationGraduation requirements
10:20 a.m.	You enter third period and review for the upcoming state test you will take soon.	 Department of Education (federal and state)
11:30 a.m.	You head to the cafeteria to eat lunch with a friend. They are serving your favorite meal! The lunch worker reminds you to choose a vegetable or fruit.	 National School Lunch Program
1 p.m.	It begins to rain, and you receive a Flash Flood warning on your phone.	National Weather Service
2:45 p.m.	You head to the local restaurant you work at to pick up your paycheck. You are off today, but you say hi to a coworker as she is cleaning off a table.	 Occupational Safety and Health Administration Health and Safety regulations Labor Department

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2:57 p.m.	You deposit the check at the bank.	 Federal Deposit Insurance Corporation
3:30 p.m.	Your car's gas tank is low, so you pull into a nearby gas station to fill up. You notice that the Powerball is up to nearly \$200 million!	State lottery commission
5 p.m.	The rain has cleared up, so you decide to take your dog for a walk before dinner. You take the sidewalk to avoid puddles on the way to your local park.	Government-provided sidewalksCity park management
5:18 p.m.	You enjoy the fresh, clean air while your dog splashes around.	 Environmental Protection Agency
6 p.m.	When you arrive home, you smell dinner. Your dad has made delicious chicken and potatoes!	State poultry lawsUSDA standards
6:45 p.m.	Your grandma tells you to check the mail for a letter.	United States Postal Service
8 p.m.	Your family switches on the TV to watch the news. There was a horrible flood in another state and the president is promising help is on the way.	 Federal Emergency Management Agency National Flood Insurance Program Federal Communications Commission
9:25 p.m.	You check one of your social media accounts before putting your phone away.	 Government programs and funded research led to web browsers and early systems that formed today's internet.