government in daily life - teacher Guide

| Time | Your Action | How is this impacted by the government? |
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| 6:45am | The alarm on your phone goes off at 6:45 sharp. | * The U.S. Department of Transportation (uniform time). * National Institute of Standards and Technology (official time). |
| 7:05am | You take a vitamin supplement prescribed by the doctor. | * Food and Drug Administration |
| 7:07am | You check the weather before leaving. It is supposed to rain today, so you grab an umbrella! | * National Weather Service |
| 7:20am | You get in your car to drive yourself to school. | * Traffic and insurance laws * State driver’s licenses |
| 7:45am | You park the car and grab your things to walk up the ramp into the main doors. | * American Disability Act |
| 8:00am | You are greeted by one of your favorite teachers as you enter your history class! | * Teacher certification * Graduation requirements |
| 10:20am | You enter third period and review for the upcoming state test you will take soon. | * Department of Education (federal and state) |
| 11:30am | You head to the cafeteria to eat lunch with a friend. They are serving your favorite meal! The lunch worker reminds you to choose a vegetable or fruit. | * National School Lunch Program |
| 1pm | It begins to rain, and you receive a Flash Flood warning on your phone. | * National Weather Service |
| 2:45pm | You head to the local restaurant you work at to pick up your paycheck. You are off today, but you say hi to a coworker as she is cleaning off a table. | * Occupational Safety and Health Administration * Health and Safety regulations * Labor Department |
| 2:57pm | You deposit the check at the bank. | * Federal Deposit Insurance Corporation |
| 3:30pm | You notice your gas tank is low, so you pull into a nearby station to fill up. You notice that the Powerball is up to nearly $200 million dollars! | * State lottery commission |
| 5pm | The rain has cleared up, so you decide to take your dog for a walk before dinner. You take the sidewalk to avoid puddles on the way to your local park. | * Government-provided sidewalks * City Park management |
| 5:18pm | You enjoy the fresh, clean air while your dog splashes around. | * Environmental Protection Agency |
| 6pm | When you arrive home, you smell dinner. Your dad has made delicious chicken and potatoes! | * State poultry laws * USDA standards |
| 6:45pm | Your grandma tells you to check the mail for a letter. | * United States Postal Service |
| 8pm | Your family switches on the TV to watch the news. There was a horrible flood in another state and the president is promising help is on the way. | * Federal Emergency Management Agency * National Flood Insurance Program * Federal Communications Commission |
| 9:25pm | You check one of your social media accounts before putting your phone away. | * Government programs and funded research led to web browsers and early systems that formed today’s internet. |