

CULTURAL SELF-ASSESSMENT (SHORT)

Culture is defined by indicators such as religion, race, language, gender, and ethnicity. Complete the self-assessment of your culture. Be prepared to discuss your answers with the class.

1. Which gender are you?

- ☐ Male
- ☐ Female

2. Are roles of men and women specifically defined in your family? If so, what are they?

3. In addition to being an American, how would you describe your ethnicity?

- ☐ African American
- ☐ Asian American
- ☐ Native American
- ☐ Irish, Italian, English, or Scottish American
- ☐ Latino(a) American
- ☐ Other

4. Does anyone in your family speak a language other than English? If so, what language?

5. Do you eat foods that are part of a certain culture? If so, what are they?

6. Do you belong to a specific religion?

7. Is it important to dress a certain way or listen to certain music? Are these choices culturally based?

8. What traditions or rituals are important in your family?

9. Have you ever experienced prejudice because of your culture? In what form?

10. Since the US, our state, and this school are composed of many different cultures, what can be done about racism and prejudice, in your opinion?