## MOVEMENT TEST

In teams, complete the following tests. Pair 1 completes each test while Pair 2 sketches on the handout. Switch roles, and Pair 2 completes the tests while Pair 1 sketches.

| TEST |  |
| :--- | :--- |
| Dribble the ball in place. |  |
| SKETCH |  |
| Dribble the ball while |  |
| walking. |  |
| Bounce the ball between the |  |
| pair. |  |
| Bounce the ball down the |  |
| hallway. |  |

