

## COGNITIVE COMICS TEMPLATE

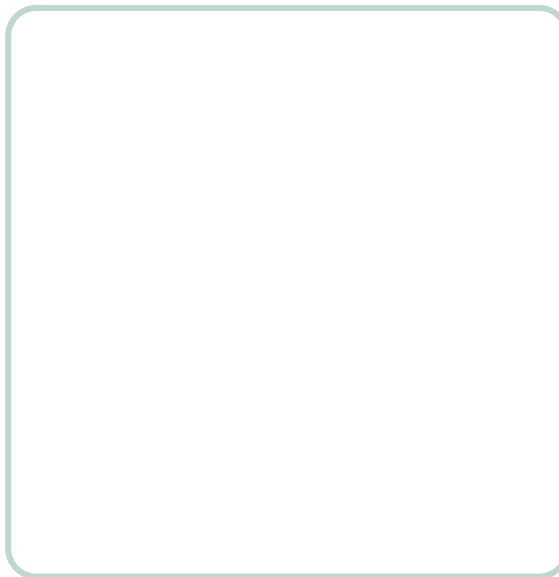
In the three panels, draw a comic about the anxiety disorder you researched. Depict a cause or trigger of the disorder, a symptom, and a strategy that a person with the disorder could use to cope. Write captions for each panel in the bubbles beneath them.

COMIC TITLE: \_\_\_\_\_

Cause



Symptom



Coping Strategy

