**EMOJI REFLECTION —** **UNRAVELING ANXIETY**

Circle three emojis that best represent a strategy that you or someone you know could use when experiencing anxiety. In the space below, write a response to explain why you chose each image.

😀 😁 😆 😅 😂 🤣 🙂 🙃 😉 😌 😍 😋 😛 😝 😜 🤪 🤨 🧐 🤓 😎 🤩 🥳 😏 😟 😔 😕 ☹️ 😣 😖 😫 😩 🥺 😢 😭 😤 😠 😡 🤯 😳 🥵 🥶 😱 😨 😰 😥 😓 🤗 🤔 🤫 🤥 😑 🙄 😧 😮 😲 😪 😵 🤐 🥴 🤢 🤕 🤑 🤠 😈 👿 👻 ☠️ 👽 🤖 🙌 👏 🤝 👍 👎 👌 ✋ 🤚 👋 💪 ✍️ 🙏 👂 👃 👣 👁️ 👀 🧠 🗣️ 👤 🙅 🙅‍♂️ 🙋‍♀️ 🙋‍♂️ 🤦‍♀️ 🤦‍♂️ 🤷‍♀️ 🤷‍♂️ 💃 🕺 🌲 🌳 🌱 🌿 🍀 🌾 💐 🌞 🌜 💫 ⭐ ✨ ⚡ 💥 🔥 ☀️ 🌧️ ⛈️ ❄️ 💦 ⏰ ⏳ 💡 💵 💰 ⚖️ 🔑 🎉 📜 📚 🔓 ❤️ 💔