**C-Section**

**4 Categories**

**C-Section Anatomy**

**Risks and Benefits**

**After Birth Timeline**

**1st Incision:** Skin—usually cut horizontally, 4-6 inches long

**2nd Incision:** Fat—cut horizontally

**3rd Incision:** Fascia—cut horizontally

**4th Incision:** AB Muscles—do not cut. Separated vertically and pulled open

**5th Incision:** Peritoneum—cut vertically

**Bladder**—Do not cut! Moved toward feet

**6th Incision:** Uterus—usually cut horizontally, but might be cut vertically in an emergency

**7th Incision:** Amniotic Sac—cut or pulled open

Category 1—Immediate threat to the life of the mother or baby

Category 2— Mother or baby compromised, but not immediately life threatening

Category 3—No mother or baby compromise, but requires early delivery

Category 4— Elective/scheduled

Resources:

Mayo Foundation for Medical Education and Research. (2022b, June 16). *C-section*. Mayo Clinic. https://www.mayoclinic.org/tests-procedures/c-section/about/pac-20393655

Cesarean section - statpearls - NCBI bookshelf. (n.d.). https://www.ncbi.nlm.nih.gov/books/NBK546707/

Risks:

Surgery

Possible infection

Benefits:

Possible convenience

6-12 weeks healing timeline

Longer stay in hospital after birth

Discomfort at incision

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