

C-SECTION GUIDED NOTES TEACHER COPY

4 Categories

Category 1—Immediate threat to the life of the mother or baby

Category 2— Mother or baby compromised, but not immediately life threatening

Category 3—No mother or baby compromise, but requires early delivery

Category 4— Elective/scheduled

C-Section Anatomy

1st Incision: Skin—usually cut horizontally, 4-6 inches long

2nd Incision: Fat—cut horizontally

3rd Incision: Fascia—cut horizontally

4th Incision: AB Muscles—do not cut. Separated vertically and pulled open

5th Incision: Peritoneum—cut vertically

Bladder—Do not cut! Moved toward feet

6th Incision: Uterus—usually cut horizontally, but might be cut vertically in an emergency

7th Incision: Amniotic Sac—cut or pulled open

C-Section

Risks and Benefits

Risks:

Surgery
Possible infection

Benefits:

Possible convenience

After Birth Timeline

6-12 weeks healing timeline

Longer stay in hospital after birth

Discomfort at incision

Resources:

Mayo Foundation for Medical Education and Research. (2022b, June 16). *C-section*. Mayo Clinic. <https://www.mayoclinic.org/tests-procedures/c-section/about/pac-20393655>

Cesarean section - statpearls - NCBI bookshelf. (n.d.). <https://www.ncbi.nlm.nih.gov/books/NBK546707/>