C-section Layer Card Sort

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| **Peritoneum** | **Amniotic Sac** | **Uterus** | **Bladder** |
| **Skin** | **Ab Muscles** | **Fascia** | **Fat** |
| 1st Incision | Layer almost bursts out | Shiny, tough fibrous tissue | Cauterizing machine is used to prevent bleeding |
| Nicked with scalpel | 2nd Incision | DO NOT CUT-Making an incision could cause permanent damage | Muscles are spread not cut |
| Fluid is suctioned away | Spread apart by doctor’s fingers | So thin that you can see the bowels underneath | Epidural or Spinal Block for numbing |
| Cut up and down very carefully with scissors | A retractor called a “Bladder Blade” is used to pull the lowest part of the opening downward | 2 muscles that run vertically within the abdomen | Brought outside of the body after surgery to repair the incision |
| Mother will feel pressure and nausea | Horizontal incision across lower part of the womb | Moved down toward feet during surgery | Lays on top of abdominal muscle |
| Baby’s head is forced out | Pfannenstiel Incision 4-6 inches long | Baby is now visible | Filmy/Flimsy layer that is the actual lining of the abdominal cavity |

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