

# LIFE SKILLS NOTE CATCHER

Adulting Skill Type	Specific Skill	Write 3 important details from each skill resource.
<b>INTERNET SAFETY</b>		
<b>HOW TO MAINTAIN GOOD HYGIENE</b>		
<b>LAUNDRY CARE</b>		
<b>MENTAL HEALTH</b>		
<b>HOW TO CLEAN A HOME</b>		

Adulting Skill Type	Specific Skill	Write 3 important details from each skill resource.
<b>MAINTAINING YOUR COMPUTER/CELL PHONE</b>		
<b>SMARTPHONE MAINTENANCE</b>		
<b>CAR MAINTENANCE</b>		
<b>MINOR HOME REPAIRS</b>		

Adulting Skill Type	Specific Skill	Write 3 important details from each skill resource.
<b>BANK ACCOUNTS</b>		
<b>MONEY INVESTMENT</b>		
<b>TAXES</b>		
<b>KEEPING RECORDS</b>		

<b>Adulting Skill Type</b>	<b>Specific Skill</b>	<b>Write 3 important details from each skill resource.</b>
<b>TRAVEL</b>		
<b>COURT SYSTEM</b>		
<b>WHAT TO DO IF YOU ARE IN AN ACCIDENT</b>		
<b>CREDIT SCORES/REPORTS</b>		

Adulting Skill Type	Specific Skill	Write 3 important details from each skill resource.
<b>BUDGETING</b>		
<b>TYPES OF INSURANCE</b>		
<b>HOW TO SET GOALS</b>		
<b>COOKING/NUTRITION</b>		

Adulting Skill Type	Specific Skill	Write 3 important details from each skill resource.
<b>ENTERTAINING</b>		
<b>PREPARING FOR A JOB INTERVIEW/WORK ETIQUETTE</b>		
<b>HANDLING CONFLICT</b>		
<b>NEGOTIATING</b>		
<b>DISASTER READINESS</b>		