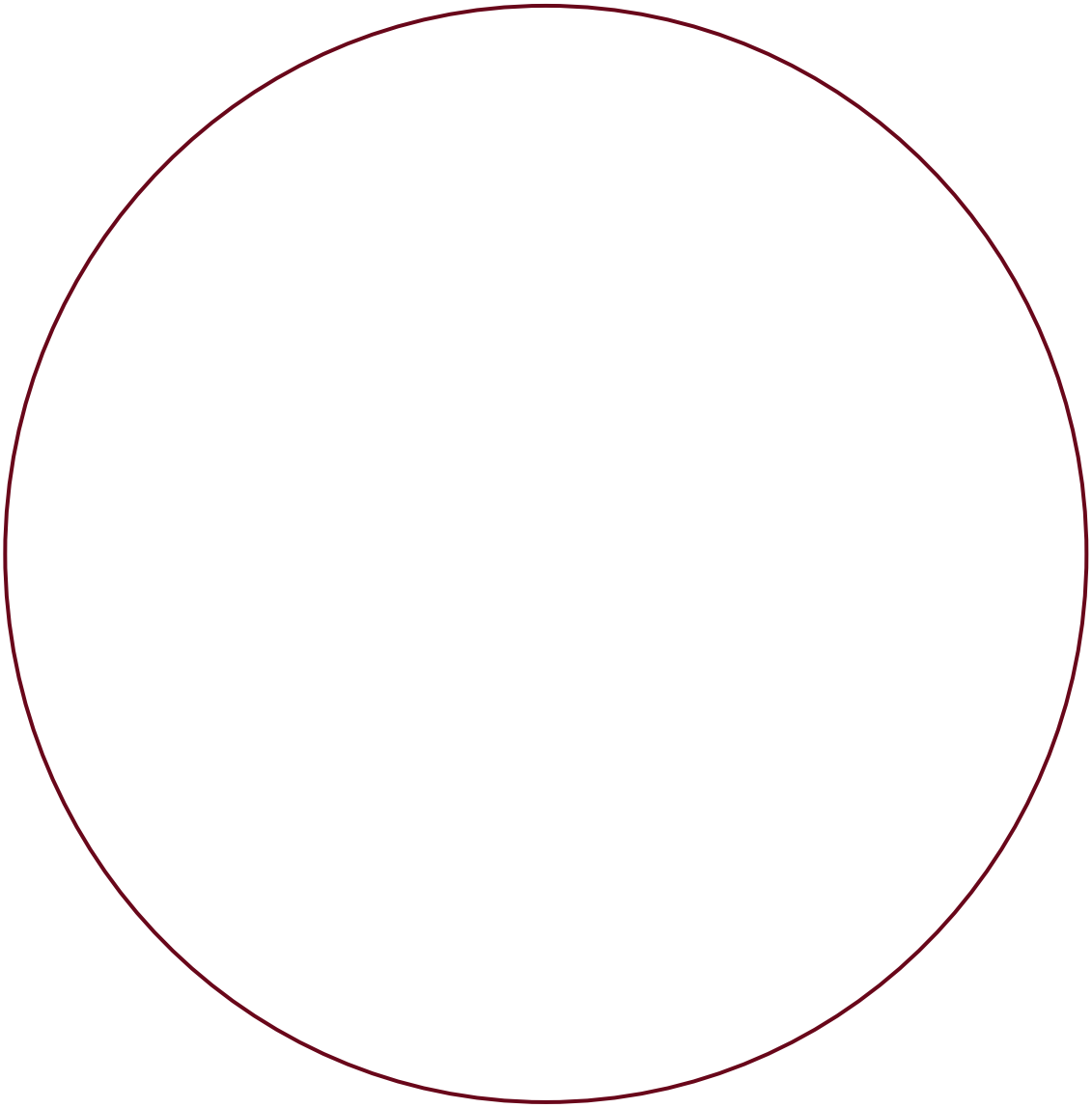CÓMO LO SÉ