Research Statements Set 3 of 6

| Hard work beats talent when doesn’t work hard. |
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| “A belief that your qualities can be cultivated leads to a host of different thoughts and actions…”  (Dweck, Carrol. (2007). *Mindset: The new psychology of success.* p. 10) |
| Adapted from Boaler:  Trailblazers like Mozart, Curie, and Einstein are often talked about as being “geniuses,” but research experts “have shown that the great achievement of these super-high-achieving people came from extreme dedication and hard work over many years.”  (Boaler, Jo. (2019). *Limitless mind*. p. 106) |
| “Just because some people can do something with little or no training, it doesn’t mean that others can’t do it (and sometimes do it even better) with training.”  (Dweck, Carrol. (2007). *Mindset: The new psychology of success.* p. 70) |
| “Do people with this mindset believe that anyone can be anything? No, but they believe a person’s true potential is unknown; that it’s impossible to foresee what can be accomplished with years of passion, toil, and training.”  (Dweck, Carrol. (2007). *Mindset: The new psychology of success.* p. 7) |
| “People may start with different temperaments and different aptitudes, but it is clear that experience, training, and personal effort take them the rest of the way.”  (Dweck, Carrol. (2007). *Mindset: The new psychology of success.* p. 55) |