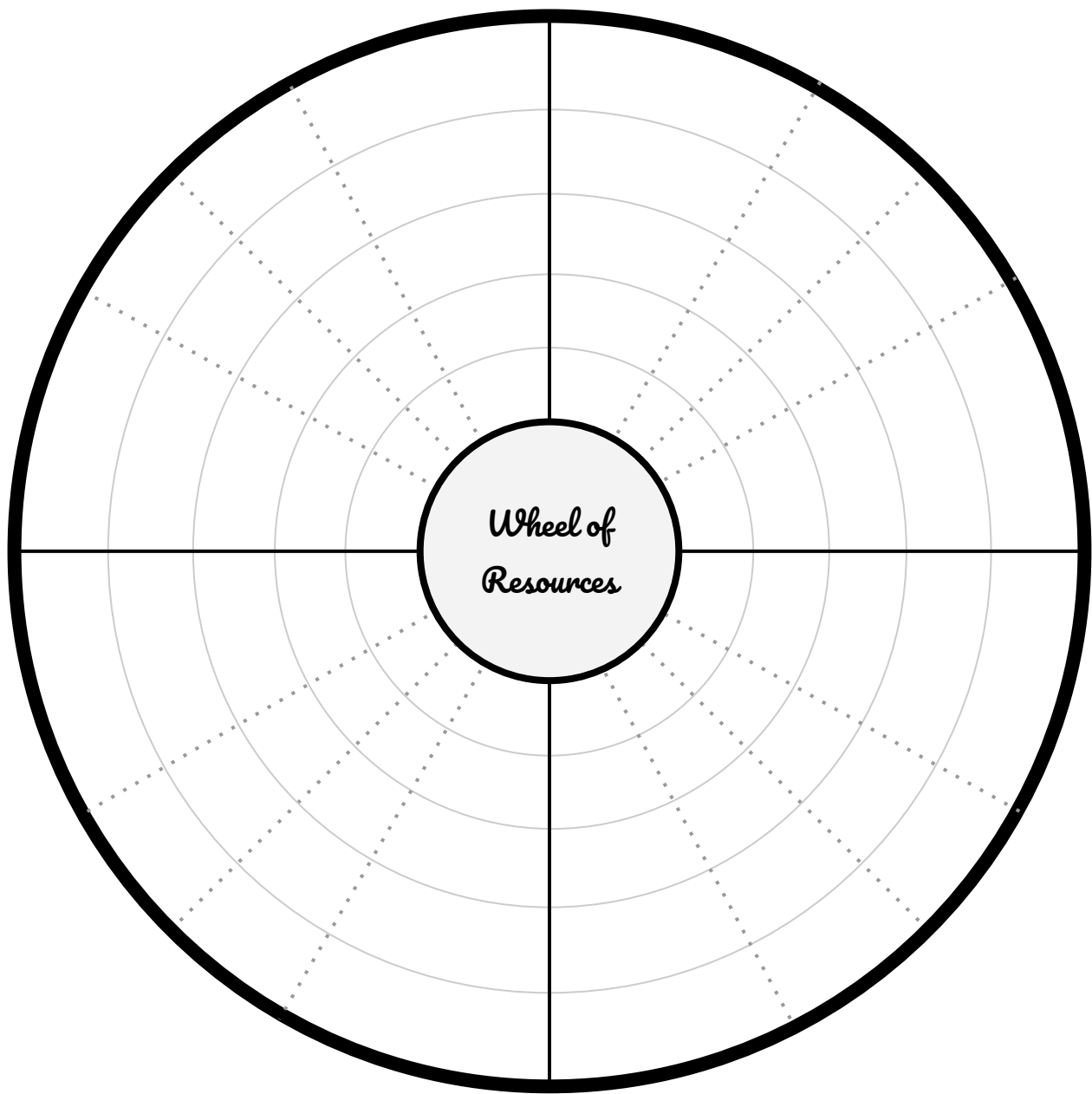


WHEEL OF RESOURCES

Instructions

1. Choose at least 4 ideas/resources informed by your heart map that are important to you in your job. (You may choose to do more than four by breaking the quadrants into two or three sections.)
2. Label slices on your wheel for each resource that fills you up. (For example, if family was the biggest thing on your heart map, what does that look like in terms of what you need from your job...predictable work hours, not having to take work home, flexibility to take time off).
3. Give each slice a score from 0-5 based on how fully you feel it's stocked at this point in time.
4. Color that section up to the line



WHEEL OF RESOURCES

