

## ADULT LEARNING RELAY ANSWERS

1. **Adults learn because they \_\_\_want to\_\_\_ or \_\_\_have to\_\_\_.** Adults learn because they want to apply learning to the problems and needs they face. Adults also learn because they want to improve their lives or their professional or personal situations.
2. **Adults have \_\_\_different\_\_\_ learning styles.** This means they learn most readily when their preferred methods are used.
3. **Adults learn best in an \_\_\_informal\_\_\_ atmosphere.** Some adults continue to have bad memories about their formal school experiences and have developed negative opinions about authority.
4. **Adults learn best when \_\_\_practical\_\_\_ application is encouraged.** Adults learn through hands-on practice. Lectures are the least favorite method of knowledge exchange.
5. **Adults see themselves as \_\_\_responsible\_\_\_ and \_\_\_self-directed\_\_\_.** They expect to be treated with respect and to have some control over the learning experience.
6. **Adults bring a wealth of \_\_\_experience\_\_\_ to the learning setting.** They play many roles in life, lead busy lives, and expect to contribute to their learning experience.
7. **Adults learn best when they can \_\_\_relate\_\_\_ learning to what they already know.** Adults reflect on their learning experiences and are able to relate them to current knowledge. What they have already internalized may act as a barrier or a catalyst to learning something new.
8. **Adults have ideas to \_\_\_contribute\_\_\_.** Effective trainers leave room for participants' contributions. Therefore, what else would you suggest is important to consider about adult learning?