SESSION NOTE CATCHER

| **Strategy or Tool** | **How was it used?** | **How could I use it?** |
| --- | --- | --- |
| **Chalk Talk** |  |  |
| **AI Chatbot** |  |  |
| **S-I-T** |  |  |
| **Categorical Highlighting** |  |  |
| **How Am I Feeling? What Am I Thinking?** |  |  |