

# INSTRUCTIONAL STRATEGIES



## Preflections

Students use Preflections to hypothesize about the learning in which they are about to engage. After the learning experience, students reflect on their learning experiences in light of their hypotheses.

LEARN.[K20CENTER.OU.EDU/STRATEGIES](https://learn.k20center.ou.edu/strategies)

## PREFLECTIONS

### Summary

Preflections is a strategy designed for students to measure their growth over the course of a learning experience. To begin, students hypothesize about the learning in which they are about to engage. After the learning experience, students reflect on their learning experiences in light of their hypotheses, comparing and contrasting what they initially thought with what they learned. This is an excellent strategy for students to see how their thinking changes over time.

### Procedure

1. Introduce a topic to students in which they will engage.
2. Ask students to write for two minutes about what they know about the topic. This may include what the topic is, what they will learn, or what they will be able to apply from the lesson.
3. Collect students' writing.
4. Engage students in the learning activity.
5. Once the learning activity is complete, redistribute students' pre-writing.
6. Ask students to compare and contrast what they thought they would learn with what they actually learned.
7. Ask students to share out with the whole class.