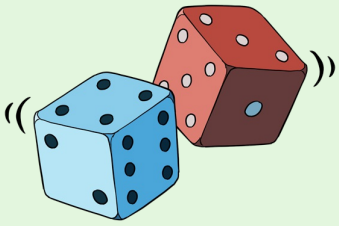
INSTRUCTIONAL STRATEGIES



Roll It Out

Players take turns rolling a die to select reflection questions, then respond with their personal answers while others listen.

ROLL IT OUT

Summary

This activity uses a simple dice roll to randomize questions and promote conversation. As participants answer and listen to each other, they engage in active communication, build trust, and make connections. The format encourages everyone to contribute, reduces anxiety about speaking up, and helps the group develop better understanding and openness.

Procedure

1. Print one or all four sets of attached questions.
2. Provide each player or small group at least one question set and one die.
3. Participants take turns rolling the die and matching their roll to the question (e.g. if they roll a three, they read question three).
4. Participants take a moment to reflect, then answer the question.
5. Keep playing until everyone has had a few turns.

BoomPop. (2019). Dicebreakers. https://boompop.com/template/dicebreakers